MBTI® workshops that change how your team works together

Hands-on workshops built around your own team situations, so the insights carry over into everyday work.

For new teams, team building days with substance and offsites. In English or Dutch, on-site or online.



HOW A WORKSHOP WORKS

1

Discover

Everyone completes the official MBTI® questionnaire beforehand. In the workshop, you first check your type through exercises, then receive your personal report.

2

Understand

Interactive exercises let you experience the differences instead of hearing about them. You see why a colleague reacts the way they do.

3

Apply

We work on your own situations: communication, decisions, stress and collaboration, with tips you can use right away.

4

Keep using it

Your team leaves with a shared language and concrete agreements. The "MBTI So What?" deep dives are the next step.

> "I have been to multiple MBTI workshops and this was my favorite by far. I definitely understand MBTI much better now."
>
> **Guardsquare**

> "The mix of exercises and theory was perfectly balanced. I learned an enormous amount, not only about what gives me energy but, most importantly, about my colleagues and how best to communicate with them."
>
> **Eurocontrol**

> "Very well prepared, interactive and insightful. We will debrief as a team and might adapt our ways of working, taking into account our different profiles."
>
> **DSW**

40+ organisations since 2016, including Brussels Airlines, Procter & Gamble, KBC, Biogen, DHL, Estée Lauder, Barry Callebaut, Eurocontrol, D'Ieteren, Toyota Financial Services, Worldline, KU Leuven and Guardsquare.

YOUR TRAINER

Elin De Boel, certified by The Myers-Briggs Company since 2015.

Before training teams, I worked at Bain & Company, Procter & Gamble, Danone and Novartis. I use MBTI myself as a practical tool, and that's how I teach it: hands-on, with real examples and plenty of room for your team's own questions.

WHEN TEAMS CALL ME

- **A new team** after a reorganisation, a merger or a new manager
- **A team building day** that is fun and gives the team something to work with
- **An offsite or strategy day**, with an MBTI module or the whole day facilitated

HelloMonday!

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FORMATS & PRICES

FORMAT	DURATION	FIXED FEE	PER PARTICIPANT	TEAM OF 10
INTRODUCTION WORKSHOPS · QUESTIONNAIRE AND PERSONAL REPORT INCLUDED				
Kick-off session The four dimensions and what they mean for your team	2.5 hours	€1,348	€130	€2,648
Half-day workshop Discover your types, with exercises on communication and collaboration	4 hours	€1,746	€130	€3,046
Full-day workshop Communication, decisions, stress and conflict, applied to your own situations	7 hours	€2,542	€130	€3,842
Team immersion day The full day, kicked off with "The Trip", an interactive team game	Full day	€2,542	€183	€4,372
Virtual workshop For remote and hybrid teams of up to 10 people	3.5 hours	€1,581	€110	€2,681
FOR TEAMS WHO KNOW THEIR TYPES · MBTI SO WHAT? DEEP DIVES				
Communication How each type gives and receives information	4 hours	€1,746	€61	€2,356
Persuasion What convinces each type, practised on a real case	4 hours	€1,746	€133	€3,076
Offsite & away day An MBTI module in your offsite, or facilitation of the whole day	Tailored			Price on request

All prices exclude 21% VAT. Travel within Belgium is included. Multiple teams or a series of sessions? Ask for a package price.

GOOD TO KNOW

- In English or Dutch
- Works best with 5 to 20 participants; for larger groups, an experienced co-trainer joins
- At your office or a venue anywhere in Belgium or Europe, or online
- Official MBTI® questionnaire, personal report (handed out during the workshop) and all materials included

Planning a workshop for your team?

Tell me about your team and I'll send a tailored proposal within 24 hours.

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